

**Results of the 2009 Yorktown Freedom Run were reported by Bruce Davis of the Peninsula Track Club below.**

Below are the award winners for the 2009 Yorktown Freedom Run 5K held on Memorial Day morning, Monday, May 25, 2009. The race course was a cross country course of some roads and mostly dirt paths on the Grafton High School athletic fields and adjacent trails. The race started and finished at Grafton High School. The race event was organized and directed by the Yorktown Rotary Club. The race itself was conducted and results were generated by the Peninsula Track Club. Conditions at race time were cloudy with a shower during the race, humid with temperatures in the 70s.

A crowd of 297 runners entered the 5K (up from 286 in 2008) with 280 runners completing the 5K (up from 266 in 2008). The 5K race course is not certified, but was accurately measured and was followed correctly by the runners.

Guy Alton, 24 of Richmond won the event with a time of 15:33 beating the 2008 winner Derryn Bray who finished in 15:42. For the second year in a row Douglas Marshall, 35 of Mathews placed 3rd overall in a time of 17:12. John Piggott, 46, of Williamsburg again won the Male Masters category with a 5th overall time of 17:50.

For the women, Kristi Markowicz, 39 of Newport News placed 1st in a time of 18:24 (a 5:56 pace). 2nd was Arlyne Spalla, 39 of Yorktown (20:42) and 3rd was Krystal Paez, 27 of Yorktown (22:03). Connie Glueck, 45 of Williamsburg was actually the 3rd fastest woman with a time of 20:48, but Connie was awarded 1st Master instead of 3rd Overall due to the bigger award money payout.

Prize money was awarded to the top 3 eligible runners overall (\$100, \$50, \$25), and top 3 masters runners (40+) (\$100, \$50, \$25).

**[The award winners and times for all runners are posted separately on the Yorktown Rotary Club's web site and can also be seen on the Peninsula Track Club website: [www.peninsulatrackclub.com](http://www.peninsulatrackclub.com).]**